



Oranges

USA **oranges** are available from California and Arizona year round. The two most popular varieties of oranges are **navels** and **valencias**.



Navels are available from November through June with the peak period being January through April. Navels are seedless and are one of the best eating varieties of orange. **Cara Caras** are a special variety of a navel orange. The exterior skin has a bright orange skin like regular navels but the interior skin is a dark pink color. They are also a seedless variety, very juicy and are low acid. Cara Caras are available from January through May. Specialty packs available upon request.

Navel Orange Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
California	✓	✓	✓	✓	✓	✓					✓	✓
Australia						✓	✓	✓	✓	✓		
Spain	✓	✓	✓	✓	✓							

Sizing: 40/48/56/72/88/113/138/163/180/210
Standard carton: 40 lbs / 54 cartons per pallet

Valencias are available February through October with the peak period being March through May. Valencias have small seeds and usually a thin rind. In addition to a good eating variety, valencias are known for their high juice content. This makes them an excellent variety to use for fresh squeezed orange juice.

Valencia Orange Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
California	✓	✓	✓	✓	✓	✓					✓	✓
Australia						✓	✓	✓	✓	✓		
Spain	✓	✓	✓	✓	✓							

Sizing: 40/48/56/72/88/113/138/163/180/210
Standard carton: 40 lbs / 54 cartons per pallet



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Moro oranges (Blood oranges) are available January through mid-April. Moro oranges have a deep orange exterior color with a dark red or maroon interior. Moros have a combination of a strong orange flavor with a hint of raspberry. They contain anthocyanin which is what produces the dark red interior color and is also a powerful anti-aging antioxidant.



Moro Orange Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
California	✓	✓	✓	✓	✓	✓					✓	✓
Australia						✓	✓	✓	✓	✓		
Spain	✓	✓	✓	✓	✓							

Sizing: 40/48/56/72/88/113/138/163/180/210
Standard carton: 40 lbs / 54 cartons per pallet

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