



# Oranges

USA **oranges** are available from California and Arizona year round. The two most popular varieties of oranges are **navels** and **valencias**.



**Navels** are available from November through June with the peak period being January through April. Navels are seedless and are one of the best eating varieties of orange. **Cara Caras** are a special variety of a navel orange. The exterior skin has a bright orange skin like regular navels but the interior skin is a dark pink color. They are also a seedless variety, very juicy and are low acid. Cara Caras are available from January through May. Specialty packs available upon request.

## Navel Orange Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
California	✓	✓	✓	✓	✓	✓					✓	✓
Australia						✓	✓	✓	✓	✓		
Spain	✓	✓	✓	✓	✓							

Sizing: 40/48/56/72/88/113/138/163/180/210  
Standard carton: 40 lbs / 54 cartons per pallet

**Valencias** are available February through October with the peak period being March through May. Valencias have small seeds and usually a thin rind. In addition to a good eating variety, valencias are known for their high juice content. This makes them an excellent variety to use for fresh squeezed orange juice.

## Valencia Orange Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
California	✓	✓	✓	✓	✓	✓					✓	✓
Australia						✓	✓	✓	✓	✓		
Spain	✓	✓	✓	✓	✓							

Sizing: 40/48/56/72/88/113/138/163/180/210  
Standard carton: 40 lbs / 54 cartons per pallet



# Oranges

**Moro oranges** (Blood oranges) are available January through mid-April. Moro oranges have a deep orange exterior color with a dark red or maroon interior. Moros have a combination of a strong orange flavor with a hint of raspberry. They contain anthocyanin which is what produces the dark red interior color and is also a powerful anti-aging antioxidant.



## Moro Orange Availability

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
California	✓	✓	✓	✓	✓	✓					✓	✓
Australia						✓	✓	✓	✓	✓		
Spain	✓	✓	✓	✓	✓							

Sizing: 40/48/56/72/88/113/138/163/180/210  
Standard carton: 40 lbs / 54 cartons per pallet

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